

Rules

In order to provide a safe and effective training environment we ask that you please follow these rules:

- Respect your leaders (This includes the cooks. Help them out by cleaning up your messes)
- Have a joyful attitude. (Encourage one another and do not complain).
- HOT is a very bad word! "Its July complaining about the heat won't make it cooler"
- Flexibility (Plans change, things come up, and God has his own plans. Please know that God can and will change the plans we have. Please be flexible and adhere to any changes)
- Do not leave your things unattended (We are not responsible for lost or stolen items)
- No PDA (Public Displays of Affection)
- Never be alone with a child.
- Ladies, do not go outside without a another male attendant.
- No one-on-one time between guys and girls.
- Be in the building by the designated times on the schedule.
- Please keep your sleeping area neat and clean.
- Starve the flesh and feed the Spirit (No electronics, secular music, or T.V. Limit cell phone usage. Cell phones should only be used to contact parents. Student Pastors are to monitor cell phone use) lets detox even from things are not necessarily bad but still distracting
- Glorify God in what you wear. (Please be advised that any student in violation of the dress code will be asked to kindly asked change immediately, no matter what time of day. Student Pastors and adult chaperones from each church are responsible for making sure their own students' attire is appropriate)

Please do not wear the following:

- Tank tops. All shirts must have at least short sleeves.
- All shirts must cover the back & midriff, no exceptions.
- Tight, form fitting clothes by themselves. No yoga pants, leggings, or similar type clothes.
- Shorts need to be at a modest length; no cheerleading shorts or bike shorts.
- Pants/shorts with writing on the back
- White clothing to ministry sites. DO to potential water gangs.
- Please wear appropriate sleepwear in case of emergency.

Packing List

We have a dress code on One Team International trips. This dress code exists for three reasons. One, the people we will minister to know we represent: Jesus. Two, we want to allow the minds of your missionaries to remain as pure as possible.... We want to do everything we can to allow your students to succeed in all areas.... Three, we want to keep your students safe. If students, dress inappropriately it could draw attention to them from the areas we serve that could potentially put them in harm's way. Please know that we trust you as a leader and the heart of your students, as well. We are not going to slap against the wall of legalism, but we do want to flee from the appearance of evil and stay within the Biblical balance of modest dress. Therefore, these guidelines are firm because we operate on the principal: God first, safety first.

Clothes for On-The-Field Ministry:

- Decent shorts (fingertip length)
- T-shirts
- Tennis shoes and socks or sandals...shoes.
-

Clothes for Sunday

- Jeans, khakis, or capris
- St. Louis 2018 T-shirt (provided)

Clothes and Other Items Needed for Training, etc.

- Shorts, Jeans, T-shirts, etc...
- Light jacket or sweatshirt (optional – sometimes it can become chilly inside the church)
- Bible, pen/pencil, journal
- Linens - bed roll (**twin sized air bed**, sheets, pillow, blanket, or sleeping bag), bath towels, etc.
- Snacks
- Toiletries (deodorant, soap, toothbrush, etc.)
- Suntan lotion, sunglasses

- Personal medication (must be turned in to the Lodging Site nurse upon arrival)
- Spending money (for activities on the day off, candy, soda, food, etc.)
- Flashlight, umbrella, light rain coat (optional)
- Shower Shoes (optional)
- Modest bathing suit. Girls – one piece is preferred. A T-shirt is required over all two-piece suits. Guys – modest trunk type swim suits. (This is only if your group is going swimming on your day off.)

Clothes not permissible

- No spaghetti strap shirts/dresses or tank tops. All shirts must have short sleeves. No tank-tops or A-cut under shirts for guys or girls.
- No mini-skirts; backless dresses; off the shoulder dresses
- No midriffs
 - No pants/shorts with writing on the back.

Sleepwear

Even though all men and women will be sleeping on separate areas and separate quarters we will still require each individual to wear t-shirt and shorts or modest pajamas at night.

Things not to Bring:

- ELECTRONIC EQUIPMENT – includes personal music devices (smart phones etc.), personal video game equipment
- VALUABLE ARTICLES - such as jewelry, expensive clothes, etc.
- ALCOHOL, DRUGS, TOBACCO
 - Student can bring cell phones if allowed by their Youth Pastor/Leader. These cell phones, however, can only be used to call mom or dad. Not girlfriend, or boyfriend, etc. Please...no texting. We live in a day that parents specifically send a cell phone with their child for contact and safety. We understand the importance of this. However, the cell phones can become a distraction. Therefore, we ask each Youth Pastor/Leader to monitor their usage. Thanks.
 - NO t-shirts with any alcohol, tobacco, or questionable slogans

Again, please know that we trust your leadership and your students, but because of our God First, Safety First policy, if we see any student that is dressed inappropriately we will kindly come to you as their youth leader and see how you would prefer it be dealt with. (i.e. you can go and ask them to change or if it is better for you, we can go and kindly ask them.) Thank you for being so understanding and a team player. as well. Let's all pray together that God will allow us to starve the flesh and feed the spirit on this missions endeavor.